

SBRC Gym Schedule

December 1-18

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Column C		Monday	Tuesday	Wednesday		Thursday	Friday		Saturday		Sunday	
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9:00am Setup Setup Body Fit Set-up S		· ·										
9:30am 10:00am 9:30-11:30		Setup	-		9:00-10:15 *last class	Body Fit	Set-up		Open Gym		Adult	
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